

FOCUSED ACTIONS

“The great aim of education is not knowledge but action.” (Herbert Spencer)

When you enter into a major undertaking focused action is a very important factor; in fact it is one of the keys to achieving your goal. Be results focused!

Focus on specific goals and inspire action in alignment with those goals. Always begin with the end in mind; when you are clear on what you want to achieve, build a plan to get there. Determine what to do; an outcome-focused approach will serve you best. Such an approach concentrates on the results, consequences and the fruit of your plans and goals.

If you are leading others toward a collective goal, you will find that outcome-focused leadership will clearly communicate what is important and draw collective energy in a unified direction. This will yield excellent results.

Your focus creates what is real for you in your world and you can change your experiences by changing your focus. Use wisdom and focus on one major project at a time. If you are fully involved in attaining your goal, your focus will be entirely on what actions are necessary to make that journey. Focus, however, can be misdirected. It is said that what you focus on you attract; therefore, be careful to keep your focus on solutions not the problems. Your mind can only focus on one thing at a time so focus on solutions, focus on the goal – focus and engage on a daily basis!

Focus your energies on training your mind to remain enthusiastic and absorbed in your plans and goals and be decisive in your actions. Focused action is one of the key factors that bring affirmations to life; if something needs to be done, focus and action it. Where the focus goes, energy flows; so begin focusing on the main areas that are critical to your success. Focus your mind and energy on the highest priority task at hand.

To reap your rewards you must learn to sustain your drive and focus on your goal without distraction. Life will challenge your dreams and test your resolve and you will need to establish your personal fortitude and character. Qualify yourself for success by being willing to take action and persist until you succeed. Your growth as a person, as you move along the path to your vision, will make it all worthwhile.

Be inspired by successful people; people who are consistently aligning their decisive actions with their goals. Being around these people can be compelling and their energy will spread to those around them. You will find that such people are very focused, yet demanding. They know what they want and they go after it. Successful people knew the direction they wanted to take toward their imagery and they are action-oriented and take steps to make their dreams come to fruition.

If you use focused action and expect things to work out the way you want them to, your goals can be achieved through firm, consistent behaviour.

Decisiveness is an important precept in any action you take; get to know it intimately. Goethe said, “Indecision brings its own delays”. You need the ability to say either ‘yes’

at the right time and then focus on action with all the energy you can muster, or the courage to say 'no', often when you are under high pressure, and make your decision stick. Be prepared, as people and events can be unpredictable. It is not enough to sit down and hope things will work out. Take decisive and focused action and you will be empowered.